



Nutritives Values

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	Portions	Calories (kcal)	Cholesterol (mg)	Fibre (g)	Fat (g)	Protein (g)	Saturated (g)	Sodium (mg)	Sugars (g)	Trans (g)	Carbohydrate (g)	Calcium (% DV)	Iron (% DV)	Vitamin A (% DV)	Vitamin C (% DV)
Appetizers															
Cheese sticks, without sauce (4 un)*	117 g	370	45	2	24	18	8	1380	0	0.5	23	45	10	10	0
Chicken wings - Bold teriyaki (4 un)	138 g	260	100	0	14	20	4.5	640	7	0.2	11	4	8	2	2
Chicken wings - Original, without sauce (4 un)*	26 g	50	25	0	3.5	5	1	110	0	0.1	0	2	2	0	0
Chicken wings - Piri-piri (4 un)	133 g	360	100	0	30	20	6	860	0	0.2	3	4	6	6	4
Chicken wings - Smoked BBQ (4 un)	134 g	270	100	0	15	20	4.5	830	11	0.2	13	4	8	10	10
Chicken wings - Sriracha (4 un)	144 g	240	100	1	15	20	4.5	980	3	0.2	7	6	8	2	6
Crispy ribs (5 un)	151 g	370	100	0	29	20	11	890	0	0.2	7	4	10	2	8
Mini vegetable spring roll, without sauce (4un)*	98 g	210	5	3	8	5	1	420	3	0.1	29	2	10	4	10
St-Hubert Caesar salad	156 g	390	35	2	35	6	4.5	600	2	0.5	14	8	15	60	40

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Appetizers for sharing															
Baked brie (1/4 serving)	85 g	200	25	1	12	9	5	440	2	0.3	14	15	8	10	10
Butcher's board (1/4 serving)	93 g	260	55	0	15	15	5	1300	1	0	12	2	15	15	0
Loaded Nachos, large (1/4 serving)	203 g	500	40	6	29	16	13	830	3	0.4	44	35	6	20	30
Loaded nachos with grilled chicken, large (1/4 serving)	230 g	530	55	6	31	21	13	920	3	0.4	44	35	6	20	30
Mixed Platter - Onion rings	84 g	310	0	3	18	3	2.5	720	4	0	32	2	15	0	0
Mixed platter - Sweet potato fries	140 g	420	0	4	22	3	2.5	510	17	0.3	54	6	8	60	25

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Brunches - Participating St-Hubert only															
Belgian waffle and crispy chicken breast	457 g	790	55	5	28	29	6	1330	36	0.2	110	15	30	0	45
Belgian waffle with field berries	568 g	710	0	9	23	11	9	880	52	0.2	118	20	20	2	130
Breakfast poutine	758 g	1250	410	3	77	48	36	4300	17	3.5	86	80	30	70	25
Deluxe breakfast burger	544 g	890	325	7	37	45	5	2160	9	0.2	97	15	50	10	60
Egg benedict on artisan bread (1 egg)	545 g	710	310	4	38	26	15	2690	15	1.5	65	20	30	35	50
Egg benedict on artisan bread (2 eggs)	817 g	1240	615	5	72	47	29	4500	25	2.5	95	30	50	70	50
Ham breakfast sandwich	523 g	680	290	5	29	30	7	2430	10	0.2	73	25	35	15	60
Ham, egg, and Oka cheese cassalette	565 g	780	325	4	44	31	18	2820	15	1.5	65	20	30	35	50
Mediterranean plate	523 g	780	35	10	26	36	11	920	37	0.5	103	45	35	6	110
Waffle mania - Kids meal	295 g	600	10	4	23	6	12	80	61	0.3	93	8	10	4	4

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Burgers, sandwiches and wraps (without side dish and without BBQ sauce)															
Club burger - Crispy chicken breast*	250 g	670	140	5	31	37	5	1210	6	0.2	63	20	35	6	15
Club burger - Grilled chicken breast*	207 g	390	65	2	12	28	3.5	450	1	0.1	43	10	20	4	15
Deli Sandwich (Smoked Meat)	272 g	560	115	4	31	30	10	1530	7	0.5	41	15	69		23
Piri-Piri St-Burger	323 g	820	125	6	48	33	4.5	2240	8	0.2	68	10	35	10	50
St-Burger	273 g	670	125	6	32	32	3.5	1510	8	0.2	65	10	35	6	40
St-Hubert Chicken roll	273 g	680	50	3	47	20	8	850	8	0.4	42	10	25	15	50
St-Hubert wrap - Crispy fillets*	206 g	600	55	5	34	25	7	1090	2	0.4	49	30	25	2	8
St-Hubert wrap - Grilled chicken breast*	212 g	480	80	4	23	33	6	940	1	0.2	38	25	20	2	8

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Chicken (without side dish and without BBQ sauce)															
Breast*	216 g	400	165	0	19	56	5	570	0	0	0	2	20	6	0
Double leg*	265 g	630	200	0	45	54	13	660	0	0	0	2	25	6	0
Half chicken*	349 g	770	265	0	46	83	13	910	0	0	0	4	30	8	0
Leg*	133 g	320	100	0	22	27	6	330	0	0	0	2	10	4	0

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Classics (without side dish and without BBQ sauce)															
Chicken pot pie*	418 g	650	55	3	30	29	8	1750	8	0.3	63	25	25	40	10
Chicken vol-au-vent à la jardinière	305 g	370	45	2	15	22	6	1290	6	0	35	20	15	35	8
Club sandwich - Dark meat (without mayonnaise)*	342 g	620	85	4	25	39	15	1180	5	0	59	10	35	6	25
Club sandwich - White meat (without mayonnaise)*	342 g	600	85	4	21	44	13	1170	5	0	59	10	35	6	25
Crispy chicken breast fillets (1 un)*	42 g	110	15	0	7	6	0.5	260	0	0.1	7	0	4	0	0
Hot chicken - Dark meat*	450 g	450	75	4	10	34	3	1780	5	0	55	8	30	2	6
Hot chicken - White meat*	450 g	430	75	4	5	39	1.5	1770	5	0	55	8	30	2	6
Regular poutine	487 g	920	80	7	51	26	17	1680	2	1.5	87	60	15	20	20
St-Hubert poutine	602 g	1210	120	8	68	39	20	3030	2	1.5	109	60	25	20	35
St-Hubert poutine	456 g	980	100	7	56	32	18	2090	1	1.5	85	60	20	20	30

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Condiments, Sauces and Dressings															
BBQ sauce, cup	21 mL	35	0	0	0	0.2	0	170	7	0	8	0	2	0	2
Balsamic dressing	43 mL	120	0	0	10	0.2	1	320	4	0.1	5	0	2	0	0
Butter	5.5 g	40	15	0	4.5	0.1	2.5	45	0	0.1	0	0	0	4	0
Caesar dressing	43 mL	200	20	0	22	1	1.5	250	0	0.3	1	2	2	0	4
Fruity sauce, cup	21 mL	35	0	0	0	0	0	15	8	0	9	0	0	0	0
Hollandaise sauce (Brunch)	90 g	250	65	0	22	3	11	560	6	1.5	10	8	2	25	0
Home-style dressing	44 g	170	0	0	18	0.1	2.5	370	3	0.3	3	0	0	0	0
Honey sauce, cup	21 mL	90	0	0	0	0	0	0	19	0	22	0	0	0	0
Marinara sauce for chicken sticks	100 g	80	0	2	4	1	0.4	370	6	0	10	4	4	6	30
Mayonnaise, pouch	11 g	70	5	0	8	0.1	1	55	0	0.1	0				

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Condiments, Sauces and Dressings															
Mustard sauce, cup	21 mL	90	0	0	0	0	0	0	19	0	22	0	0	0	0
Pepper-brandy sauce for angus steak	40 g	15	0	0	0.5	0.4	0.3	220	0	0	2	0	0	0	0
Piri-piri sauce	55 g	260	0	0	29	0.4	2	770	0	0	4	0	0	8	8
Roasted red pepper spread	40 g	250	40	0	27	1	2.5	310	0	0.3	1	0	2	4	25
Sour cream	55 g	90	20	0	8	2	4.5	35	2	0.2	4	4	0	8	0
Spicy sauce for chicken wing	55 g	100	0	0	2	0.3	0.3	770	10	0.3	22	0	0	0	0
St-Hubert barbecue sauce	120 g	70	5	0	3.5	1	1	970	1	0	8	0	0	2	0
Sweet and sour sauce, cup	21 mL	35	0	0	0	0.1	0	30	8	0	9	0	0	0	2
Thai Sauce for Mini vegetable spring roll	40 g	110	0	0	0.1	0.4	0	440	25	0	27	0	2	0	0

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Desserts															
Big chill, chocolate sauce	218 g	510	70	1	19	4	14	105	61	0.5	77	10	6	15	0
Big chill, sugar cream sauce	218 g	500	65	0	21	3	15	20	66	0.5	71	10	2	15	0
Brownie, Lunch&Go	93 g	360	25	2	17	4	10	230	33	0.1	50	4	15	10	0
Brownie, chocolaty sauce	146 g	570	50	4	28	6	15	380	46	0.2	78	6	30	20	0
Chocolate Mousse Cake	156 g	490	130	3	33	6	18	220	34	0.2	44	2	15	25	0
Chômeur pudding	431 g	860	55	2	12	6	8	330	148	0.5	184	20	25	10	40
Chômeur pudding - Lunch&Go	150 g	290	5	1	0.5	2	0.2	160	54	0.1	71	6	15	0	20
Ice cream, Lunch&Go	105 g	210	35	0	9	2	6	5	25	0.3	28	6	0	8	0
Millefeuille	190 g	580	45	2	27	5	14	240	47	0.5	78	6	10	6	2
Mini brownies (1/3 bag)	91 g	380	50	3	20	5	8	280	20	0.1	47	4	25	20	0

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Desserts															
Mount-choco	256 g	800	85	4	38	8	23	400	74	0.5	108	15	30	30	0
New yorker	181 g	460	155	3	30	8	18	300	36	1.5	41	8	4	8	6
Pure heaven	288 g	750	130	0	28	8	11	600	90	0.5	114	15	15	20	0
Strawberry Shortcake	270 g	550	110	3	25	5	10	440	54	0.5	77	10	15	20	60
Sweet desire (Sugar pie)	155 g	540	30	1	21	3	8	340	62	0.2	86	8	15	6	0
The volcano	191 g	740	200	5	38	12	15	180	68	0.1	92	6	50	30	2
Vanilla cake with strawberry coulis	119 g	260	40	1	7	3	1	290	31	0.1	44	4	10	2	0
Vanilla cake with sugar cream sauce	119 g	360	55	0	12	4	4	300	47	0.3	59	8	8	8	0
Yogurt with fruits	165 g	150	5	2	1	12	0.1	75	14	0	24	15	4	0	4

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Entré salads															
Bangkok - Crispy chicken fillets*	432 g	740	60	7	24	25	2	1550	45	0.3	102	8	35	60	80
Bangkok - Grilled chicken*	413 g	540	60	6	10	27	1.5	1130	44	0	81	6	25	60	80
Garden*	384 g	470	150	4	14	61	7	530	4	0.3	20	25	20	100	100
Gourmet Goat Cheese and Spinach (Grilled breast, with Home-style dressing)	369 g	550	75	4	35	33	8	1140	6	0.5	28	20	30	140	60
Gourmet Goat Cheese and Spinach (with home-style dressing)	263 g	410	20	4	29	12	7	790	6	0.5	28	20	30	140	60
St-Hubert Caesar (with caesar dressing)	485 g	830	180	5	55	63	10	1080	3	0.5	20	25	35	180	100
Strawberry and rotisserie chicken summer salad (with raspberry poppyseed dressing)	389 g	530	75	8	24	38	4	770	29	0.1	40	6	25	35	120

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Kid's Menu (without side dish and without BBQ sauce)															
Proteinman*	136 g	180	55	0	6	21	1	550	7	0	10	0	0	0	0
Super hero*	93 g	220	70	0	16	19	4.5	230	0	0	0	2	8	2	0
The Zoo*	91 g	350	45	1	27	13	3	410	0	0.2	16	2	10	0	2
UFO*	179 g	470	45	3	22	22	4	1130	4	0.4	45	15	20	4	4
Wrap-a-gogo*	111 g	300	30	2	16	13	3.5	780	1	0.3	25	10	4		3

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Kid's Menu, desserts															
Brownie	206 g	580	60	5	26	6	17	240	59	0.4	83	15	20	20	0
Chocolate and Raspberry muffin	55 g	160	0	2	6	2	0.5	160	15	0	26	2	15	2	2
Chocolate-cranberry cookies	30 g	150	0	2	6	3	1	85	8	0	20	2	10	0	0
Fruit pocket	90 g	40	0	1	0	0.2	0	0	9	0	10	0	2	0	2
Ice crest	49 g	140	15	0	9	1	7	35	13	0.2	14	4	0	4	0
Kiddie ice cream (Clown)	159 g	410	35	0	21	3	16	10	40	0.5	50	6	2	10	2
Vanilla cake with sugar cream sauce	99 g	290	50	3	10	4	2.5	300	33	0.2	49	10	10	4	0

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On the Grill (without side dish and without BBQ sauce)																
Angus beef steak*	193 g	380	110	0	20	42	5	1300	0	0.5	1	0	30	0	4	
Chicken brochette*	170 g	220	60	0	6	22	1	970	14	0	19	0	2	0	0	
Ribs (11 oz.) - Wisky-BBQ sauce*	206 g	480	105	1	31	22	11	1000	16	0.3	25	6	10	15	10	
Ribs (11oz.) - Original sauce*	206 g	440	105	1	31	22	11	980	0	0.3	18	6	10	2	20	
Vegetables brochette	80 g	70	0	1	0.1	1	0	100	5	0	12	0	2	8	60	

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Reinvented chicken (without side dish and without BBQ sauce)															
Grilled chicken breast with apples and oka cheese - Regular serving*	175 g	260	75	1	13	27	5	570	8	0.2	9	2	0	2	110
Piri-piri rotisserie chicken - Breast*	241 g	520	165	0	32	56	6	920	0	0	2	2	20	8	4
Piri-piri rotisserie chicken - Double leg*	315 g	870	200	0	72	54	14	1360	0	0	3	2	25	15	6
Piri-piri rotisserie chicken - Half chicken*	399 g	1010	265	0	73	84	15	1610	0	0	3	4	30	15	6
Piri-piri rotisserie chicken - Leg*	158 g	430	100	0	36	27	7	680	0	0	2	2	10	6	4

*The side dish, BBQ sauce, bun, coleslaw, side sauce and salad dressing are not included in the nutritional value and allergens of the dish. Refer to "Side dishes" and "Condiments, Sauces and Dressings" categories to get the information specific to your selection.



Nutritives Values

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	Portions	Calories (kcal)	Cholesterol (mg)	Fibre (g)	Fat (g)	Protein (g)	Saturated (g)	Sodium (mg)	Sugars (g)	Trans (g)	Carbohydrate (g)	Calcium (% DV)	Iron (% DV)	Vitamin A (% DV)	Vitamin C (% DV)
Side dishes															
Coleslaw - Creamy	110 g	160	10	2	13	1	2	190	6	0.1	8	4	4	8	50
Coleslaw - Traditionnal	110 g	110	0	2	9	1	0.5	220	5	0	7	4	4	8	50
Fries	198 g	480	0	6	23	6	2.5	105	0	0.1	64	0	10	0	20
Fries, kids	120 g	290	0	4	14	4	1.5	65	0	0.1	39	0	8	0	10
Garden salad*	110 g	25	0	1	0.5	1	0.1	55	2	0	4	2	2	30	15
Grain rice	170 g	280	0	1	7	5	1	610	1	0.1	50	6	4	4	2
Mashed potato	194 g	120	0	3	1.5	3	0	690	0	0	25	0	0	0	0
Poutine	398 g	830	80	6	47	25	17	1330	1	1.5	74	60	15	20	20
Root vegetable julienne	128 g	110	0	2	7	1	0.5	190	7	0.1	13	4	4	60	35
Rotisserie potato	232 g	220	0	2	4.5	6	0.4	1040	3	0	38	6	10	2	15

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Side dishes															
Seasonal vegetables	200 g	160	5	6	12	4	3	160	4	0.1	9	10	6		17
St-Hubert Caesar salad	156 g	390	35	2	35	6	4.5	600	2	0.5	14	8	15	60	40
Sweet potato fries without spread*	140 g	420	0	4	22	3	2.5	510	17	0.3	54	6	8	60	25
Toasted bread	31 g	80	0	1	1.5	3	0.2	170	2	0	15	2	6	0	0

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Soups (without saltine crackers)															
Chicken noodle soup	285 g	130	40	1	2.5	10	0.5	780	1	0	17	2	8	8	2
Cream of chicken	285 g	160	25	0	4	11	1.5	730	5	0.1	18	10	6	4	4
Rice and chicken soup	285 g	130	20	1	2	9	0.5	780	1	0	20	4	4	6	2
Saltine crackers for soups	5.6 g	25	0	0	0.5	0.5	0.1	45	0	0	5	0	2	0	0
Vegetable soup	285 g	50	0	3	0.5	2	0.1	490	5	0	12	4	15	80	20

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Special offers - Summer-Snack															
Deli Sandwich (Smoked Meat)	272 g	560	115	4	31	30	10	1530	7	0.5	41	15	69		23
St-Hubert Chicken roll	273 g	680	50	3	47	20	8	850	8	0.4	42	10	25	15	50
St-Hubert poutine	456 g	980	100	7	56	32	18	2090	1	1.5	85	60	20	20	30
Strawberry Shortcake	270 g	550	110	3	25	5	10	440	54	0.5	77	10	15	20	60

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