



INNOVATING INCLUSION OF AUTISTIC CLIENTELE AT ST-HUBERT ROTISSERIES

PILOT PROJECT GUIDE



Powered by



Fondation
Autiste &
majeur
Par Mathis, Sophie et Charles

In collaboration with



OVERVIEW OF THE PILOT PROJECT

Over the past few years, more and more companies have been making adaptations in order to offer their customers a more inclusive experience. Choosing a restaurant can involve a long list of considerations for someone who is neurodivergent or for families with an autistic child. True to its family values and its history of innovation, the St-Hubert Group is proud to announce the launch of a pilot project that will make it easier for autistic people and their families to have

fun in our restaurants. The project is being carried out in collaboration with the St-Hubert Foundation, the Fondation Autiste et majeur and Giant Steps. While everyone is welcome at St-Hubert at all times, additional considerations will be put in place during this pilot project to make the experience more enjoyable for autistic people and their families.



PROJECT HIGHLIGHTS

DATES AND TIMES

Sunday April 16, 23 and 30 and May 7, 2023,
from 11 am to 2 pm

5 PARTICIPATING ROTISSERIES

- St-Hubert Lajeunesse
(10 520 Rue Lajeunesse, Montréal)
- St-Hubert Lasalle
(7979 Boul. Newman, Montréal)
- St-Hubert St-Eustache
(555, boul. Arthur-Sauvé, St-Eustache)
- St-Hubert St-Hyacinthe
(1230, rue Daniel Johnson Ouest, St-Hyacinthe)
- St-Hubert Charlesbourg
(7352, boul. Henri-Bourassa, Québec)

*Parking available at each rotisserie

PREPARATORY TOOLS

- Virtual visit of a rotisserie
- Visual guide
- Preparation guide for families

TRAINING OF ROTISserie EMPLOYEES

- Training provided by Giant Steps
- A member of the Giant Steps team on site

SENSORY CONSIDERATIONS

- Employees will see to music levels, brightness and pre-selection of tables
- Sensory kits available upon request (limited quantities)

RESERVATIONS POSSIBLE

PREPARATORY TOOLS

These pre-visit tools available on the St-Hubert website can help improve the on-site experience for autistic individuals and their families.

See the tools:

VISIT OUR WEBSITE



VIRTUAL TOUR OF A ROTISSERIE

The virtual tour is designed to help individuals with autism and their families prepare to visit a St-Hubert restaurant.



VISUAL GUIDE

The visual guide recreates step by step the experience of being in a Saint-Hubert restaurant.

PREPARATION GUIDE FOR FAMILIES

The preparation guide ensures that you don't forget anything.



STAFF TRAINING

All employees in attendance for the duration of the project will have completed an online training on autism developed by Giant Steps. The training was custom-designed for the St-Hubert rotisseries by Giant Steps. Its goal is to ensure an inclusive experience for individuals with autism and their families.

THE TRAINING COVERS

- The definition of autism
- Sensory sensitivities
- Communication
- Behaviours
- Advice and strategies

Throughout the project, a Giant Steps expert will also be on site to supervise and ensure that mealtimes run smoothly.



ADAPTED ENVIRONMENT AND SENSORY CONSIDERATIONS

Restaurants participating in the pilot project will make the necessary adjustments to provide an optimal sensory environment for their autistic clientele.

Consideration will be given to table selection, brightness of lights and music sound levels. Washrooms

will also offer paper towels as another option to the hand dryers and special orders from these families will be prioritized.



RESERVATIONS

Feel free to make reservations online or by calling the rotisserie. You can also reserve a sensory kit and request specific accommodations.

[MAKE YOUR RESERVATION NOW](#)



SENSORY KITS

Restaurants participating in the pilot project will provide their customers with seven sensory kits.

Each sensory kit contains:

- A Tangle
- A stress ball
- A Pop it fidget
- Noise cancelling headphones
- A Time Timer
- A communication board
- A notepad
- A pen



THANK YOU TO OUR SPONSOR

fdmt | créateur de | creator of **MANIMO**®

The sensory items, soundproof shells and timers were all generously donated to the St-Hubert Foundation by fdmt, a Quebec company whose mission is to foster the maximum potential of all by significantly contributing to the sensory well-being of individuals.

The communication board was custom-made for the pilot project by Giant Steps.



For more information:

VISIT OUR WEBSITE

Email us at fondationst-hubert@st-hubert.com

BON APPÉTIT!

